

Structured & Critical Thinking

A practical toolkit for effective thinking

Overview of course content

Structured thinking is a tool kit for tackling challenging situations, systematically thinking through them, and swiftly considering all options. The structured thinking techniques will provide fresh insights and a better understanding of problems or challenges, making you better equipped to deal with them more effectively.

This course will explore:

Background to the brain & obstacles to clear thinking

- Generating awareness of habitual thought patterns.
- Explore the value of structured thinking.

How to increase understanding of the problem

- Techniques to understand the root cause of the problem.
- Understanding the perspectives of all stakeholders involved in a situation or challenge.
- The importance of questions to expand thinking.

Finding solutions

- Tools that will help generate ideas and find solutions to challenges.

Key benefits

Tools and techniques that will enhance individual & group problem solving skills

Demonstrate the value of multi-perspective thinking.

Active group learning which will encourage collaboration



Duration and format

1 day

Virtual training using Zoom

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How do we do it?

The importance of structured thinking

- Gain clarity on what structured thinking is and why it's important.
- Challenge habitual thinking patterns.
- Develop new patterns of thinking.

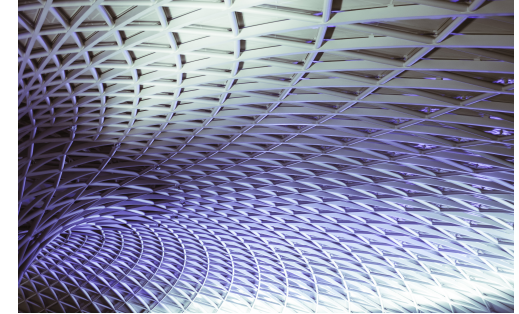
Understanding a challenge

- Identify a problem and understand its root causes.
- Explore the problem fully using visual thinking tools which address any questions that arise and help to search for answers.

Multi-perspective thinking

Consider the challenge from the different perspectives where:

- All stake holders' positions are considered.
- The entire environment within which a business operates is considered.



Ideas generation:

- Techniques to find solutions for the challenge
- How to select and refine the best ideas

Application

Delegates will:

- Explore the application of the tools and techniques.
- Bring the learning to life and make it practical.
- Set goals for how techniques can be used in the work place.